

# Midtowner

WEEKLY BULLETIN OF ROTARY CLUB OF RAJKOT MIDTOWN • CLUB 31287 • R.I. DISTRICT 3060

rotaryclubofrajkotmidtown  
/RotaryClubofRajkotMidtown

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2024 - 2025**

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**OUR DG'S OCV IS ON 31<sup>ST</sup> JANUARY 2025. GREEN IS THE COLOUR OF THE DAY! MAKE SURE TO BE THERE!!**

**WOMEN'S HEALTH CONFERENCE COMING UP!! 2<sup>ND</sup> FEBRUARY 2025 - A COLLABORATED EVENT BY ROTARY CLUB OF RAJKOT MIDTOWN AND RAJKOT DENTAL ASSOCIATION... ANNS REGISTER IN LARGE NUMBERS FOR THIS EVENT!!**

**The Four Way Test**  
of the things we think, say and do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



## MEETING DETAILS

There is no meeting this week.



**BLOW CANDLES ON** - Many many happy returns of the day!!



**Ashwinbhai Kamdar**  
17<sup>th</sup> January  
99250 99966



**Dr. Vishalbhai Mangrolia**  
17<sup>th</sup> January  
98243 76666



## CLUB NEWS

### 1. MEETING MEIN:

Prof. Hiren Vachhani, an Assistant Professor in Department of Commerce and Management in Harivandana College and part of the college's creative team was the speaker of the day. Having done 80+ Book talks and several Movie talks, he enchanted the Midtown audience with his narration. His take on the movie '12th fail' was enjoyable and gripping. All in all a great way to recap an awesome movie!



## ROTARY MIDTOWN LIBRARY

A) On 10th January 2025, Kotak Science College, Rajkot, celebrated Vivekanand Jayanti with a "Just a One Minute" competition. The judges for the competition were Rtn. Rita Chauhan, Dr. Khyati Mehta (a faculty member of the college), College Librarian Kanakben Kasundra, and Pritiben Parmar from the Rotary Midtown Library, who played a significant role in making the event a success. Approximately 80 students from FY, SY, and TY B.Sc. enthusiastically participated in the event, joined by the principal and faculty members. The competition aimed to inspire a lifelong love for reading and to cultivate stronger reading habits among young students.



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- ✓ Autism/ADHD



### Dr. Nishant Rathod

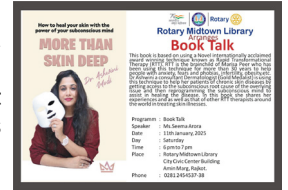
Consultant Pediatric Neurologist  
DNB, FIPN (Jaslok, Mumbai), FICG (SGPGI)

#### ADDRESS

NeuroWorld Clinic, Times Square 1, Ayodhya Chowk, 150 Feet Ring Road, Rajkot

**Call for Appointment: 95101 80117**

B) Rotary Midtown Library arranged a Book Talk on 11th January 2025. The speaker was Ms. Seema Arora. The Book Talk was on 'More than Skin deep' by Dr Ashwini Modi- a book based on an internationally acclaimed award winning technique known as Rapid Transformational Therapy(RTT). The venue was our very own Rajkot Midtown Library, Amin Marg. Our Midtowners and annets can attend these Book Talks in large numbers and thus gain a lot from them.



## SERVICE PROJECTS

### 1. JOY OF GIVING -

**SCHOOL BENCH DONATION:** 48 benches were donated at the Sant Kabir School. The children did not have benches prior to this and used to sit on the floor during the classes. Thanks to Digambar Mandir, Dr. Banuben Dhakan, Twinkleben Mehta, Sunaben Mody and Shaileshbhai Desai who were instrumental in bringing about the much needed seating arrangements.



### MANJUL SCHOOL -

Manjul School mein aaye Khusiyon ke parcel!!The smiles on the kids' faces said it all.. What a great gesture as Hitenbhai Mehta & family celebrate the wedding of - Priya and Suchit with the distribution of these hampers to the children at Manjul school.



## ROTARY INTERNATIONAL NEWS

The smoke is black and poisonous. Palestinians in the West Bank, desperate to eke out a meager living, collect discarded electronic equipment – computers, TVs, printers, cables – and burn it to extract trace amounts of valuable metals. The resulting smoke is full of toxic chemicals that infiltrate the soil, the water, and people's bodies.

Akram Amro, founder of the nonprofit Green Land Society for Health Development in the West Bank city of Hebron is working towards this issue.. "It's an opportunity and a problem at the same time."

The \$13,000 pilot project, funded by a district grant and donations from multiple clubs, hired local workers to wipe disk drives and upgrade necessary components. In this way, the initiative addressed another problem in the community: It provided a few good jobs, says Merrill Glustrom, a member of the Rotary Club of Boulder, Colorado. "They're refurbishing computers, which could lead to programming computers or doing refurbishing elsewhere," says Glustrom, whose club has partnered with similar electronics recycling ventures in Colorado. "There's lots of possibilities for them besides dead-end jobs."

## ACHIEVERS AND ACCOLADES

1. Dr. Devangi Vaishnav was invited as the guest of honour at Confics... Physiotherapy Conference held at Marwadi university. A great honour indeed!



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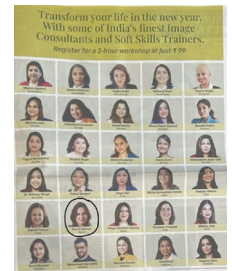
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2. Congratulations to Dr. Dhvani Vachrajani for being invited on Akashvani Rajkot on 9th January 2025 to discuss her musical journey. The programme was conceptualized by Hiteshbhai Mavani, Bhavanaben Doshi and Darshnaben Desai.



3. Many Congratulations to PP Dharti Rathod for getting officially featured in the leading print media, THE TIMES OF INDIA, as India's one of the finest Soft Skills Trainer and Image Consultant. Congratulations Dhartiben Rathod!!



4. The Governance Challenge (TGC) is India's first governance-focused competition for over 30 premier business and public policy schools. Prakrut Chauhan (Rtn Ritaben Chauhan's son) is the Nationals round winner in the same! Congratulations for this feat

5. Dr. Miloni A Lakhani was invited for the Deep Pragatya at the 'Himalay nu Dhyaan yog'-Mega video Shibir held at the Meenaben Kundariya College from 6th to 13th January 2025. It was a soulful experience for all those who attended it.



**FOOD FOR THOUGHT**

Luxury Travel, Changing Concept

Off late whenever I went to Mumbai [Bhai apana Bombay .. yaar]

I had one day work then flight are pain in @#@#. Get up and reach airport at least 2 hr before departure, earlier if u r in metro city... wait in queues [yes, not just one queue] is the next thing u do.

Wait in queue for baggage drop. Then wait for security check, then wait at departure gate. While waiting in departure area you have option of longes, but other than metro city lounges are not there, in case there is one, it's like wasting your free lounge visit for nothing. Purchase it from vendors and shops at airport, you end up paying double for cuppa tea or Vadapav. These shops take order in English and serve food from Antarctica !!! More often then not, it tastes, horrible be it big branded store like... chal chod ne yaar naam mai kya rakha hai ... [Barnard Show wrote .. after all what is there in name? .. hope it was not written by Mark Twain... ]

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One more queue for boarding, seat in tight compartment syndrome. Nightmarish food served in flight service, whether u pay for it or you get it free!!! अय दिल है मुश्किल है रहेना यहा.. ये है एरोप्लेन.. ये है एरोप्लेन.. ये है एरोप्लेन.. मेरी जान..

Coming back to "kettle class Travel" as famously told by Shashi Tharur... [travel in economy class]. No Network, No phone, no space to lean, no space to stretch your leg. One can say little less horrible than rape because in rape you are forced its majboori, here u are willingly paying for it ... !?!

Wait queues are not over, once you reach destination wait for luggage!! if u are unlucky one, travelling abroad, one more queue for immigration. @#!#& ..

Apana hath Jaggannath is good if u preach others but if u have to walk 200 to 800 mtrs with luggage dragging them. [Then again wheel, or handle give way at airport only]

Walk even more to reach parking for your car or taxi.

Off late I traveled some five to six time by train, 1st class AC and 2nd class AC ... there is nothing 2nd class about it. Reach just 10 min before, hire a porter if you are fully loaded. [either way, laggage or booz], he will take you, right up to your seat, arrange luggage for u. even if u add porter charge u have not reach half the charges of flight.

See your train's schedule, order famous Amirtsari naan at Amritsar, Lassi at Jalandhar, Idly, Dosa, Pizza ... what not ... order from app get it delivered at your seat. Just give them your Train details ...

At regular price.. its like भोसाणमां मां पीरसे. If you are in group play antakshari, play cards, make friends while travelling .. you are lone ranger ? No problem ... go to top birth, stretch your leg, take out JK Rowling or Munshi Premchand book and relax . No offense if you sleep for hour or so .. for long haul trip sleep tight for 6 to 10 hrs, as much as your sleep or travel can allows you.

Gen z trains are as clean and well equipped as one wishes it, to be. iwhether its garibrath, vande bhara, Intercity, rajdhani or shatabdi.. wait bullet train is arriving ... zip zaap zoom...

For journey upto 200 to 300Km, there is train at morning 8am to 10am return by late evening . Don't worry for dinner, order it enroute. For long journey upto 1000km there are overnight trains, catch them sleep and get going next day.. return late evening, repeat it and voila, you are at home after a good night sleep, before work hours starts!

For super long journey be ready to make new friends [these days it may not be very safe] but for sure u will meet, long lost friend in one of these journey, if not in first travel. मील गया हमको साथी, मील गया...

Yup, Railway stations are still shaby, and dirty.. lots of beggars, hawkers and fraudsters .. for sure, not for long... but if u r lucky, u stay on railway station for 10 to 15 min either side, rarely 30 min plus ...

It's like maggi tomato ketchup: 'its different' ...[and pleasant] and if you add flight ticket budget to it, then it's luxury .. only catch is you should have enough time to spend ...in this era where time itself is money...

Think over, what do u want? Luxury ? Do you have little more time? Think of train to spoil yourself more, than standing in queues like kettles at airport. Most of the domestic flight don't have business class for first class. Ashok Kumar was visionary when he sung this song in 1968

[https://youtu.be/qn\\_v5PyhQJE?si=O8KepVM7YV5CXwXj](https://youtu.be/qn_v5PyhQJE?si=O8KepVM7YV5CXwXj)

**Penned by: Dr. Nishithbhai Sanghvi**